



DORSET COUNTY ASA

2024 DORSET DEVELOPMENT COMPETITION

Licence number xxxxxxxxxx

held under

Swim England Laws and Regulations and Swim England Technical Rules of Racing

COMPETITION RULES

- 1 The Dorset County ASA General Competition Conditions will apply as published on the Dorset County ASA website unless inconsistent with the conditions which follow. All competitors, or in the case of a minor the parent/guardian of that minor, will be deemed to have accepted the approved and published conditions by submitting an entry to participate in a Dorset County ASA competition.
- 2 Swimmers entering the 2024 Dorset Development Competition (hereinafter referred to as the "Competition") must be eligible to compete:
 - (a) By holding the necessary birth, residential, or affiliated club membership qualification, AND
 - (b) must be a registered member of the club in the name of which they are entered for at least one calendar month before the first day of the Competition.
- 3 Swimmers entered in the Championships of another County Association, or any event in the competition programme of another County Association, in the same year as this Competition are not eligible to compete in this Competition or any event covered by the Dorset General Competition Conditions, as published on the Dorset County ASA website.
- 4 The following conditions will apply to ALL competitors:
 - (a) Competitors must have a Swim England registration number and be registered through their club as Swim England Club Compete. No entry will be accepted without the current Swim England registration number of the competitor.
 - (b) The Competition will be run as an integrated competition. Para-Swim/Disability swimmers must:
 - i have an authorised national or international Para-Swimming Classification, Certificate of Disability or Certificate of Exception which must be declared on the entry form; and
 - ii competitors with a Certificate of Disability/Exception MUST present the Certificate to the Referee at the start of the relevant session before racing commences. Failure to do so may result in disqualification.
 - (c) The 'Female' category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Policy. By entering the 'Female' category a swimmer confirms that their birth sex is female.
 - (d) Submitted times for events entered in this Competition must be:
 - i Swim England/WPS Official Times achieved and verified in an event held under Swim England Laws and Regulations and Technical Rules of Racing within a recognised competition format; and
 - ii have been achieved within the qualifying period specified for this Competition.
 - (e) It is the responsibility of the club to certify that all swimmers entering this Competition are eligible in accordance with Rule 2(a-b); and
 - i submitted times comply with Rules 4(c)i-ii.
 - (f) Entries received will be subject to satisfying the qualifying and/or consideration standards as specified in the Entry Conditions. Entry times outside of the qualifying and/or consideration standards will not be accepted.
 - (g) Para-Swim Consideration Standards for County Events will apply for swimmers with Para-Swimming Classification or a Certificate of Disability/Exception. Entry times outside of the Para-Swim Consideration Standards for Para-Swim events will not be accepted.
 - (h) Submitted entries must be made using Short Course times, or those converted from Long Course times using approved Swim England conversion tables.
 - (i) Entries will be seeded on submitted times, the slowest time swimming first. Para-Swim/Disability swimmers will be seeded in the appropriate time ranked heat.
 - (j) The Competitions Manager may request validation of any stated Official Time before entry is accepted.
 - (k) All entries must comply with Rule 4(a-h). Any entries not complying with Rule 4(a-h), or are found to be incorrect or ineligible, shall be void and the entry fee forfeited.
- 5 The following conditions will apply to ALL entries:

- (a) Entries must be received by the Competition Manager by the official closing date as a whole Club Entry via Sportsystems Entry Manager. Payment by BACS or a single cheque payable to Dorset County ASA must accompany each Club Entry.
 - (b) Where payment is made by BACS, proof of payment must be provided with submitted entries. Where payment is made by cheque, proof of posting should be retained. Payment by cheque after the official closing date will not be accepted without evidence of posting having been made in sufficient time to ensure arrival by the closing date.
 - (c) Entries submitted by the official closing date without payment of entry fees will be considered null and void and will not be processed
 - (d) No entries will be accepted after the official closing date regardless of reason or without payment of entry fees having been submitted by the official closing date.
 - (e) Improved entry times will not be accepted after the official closing date regardless of the date of achievement and requests for time trials will not be accepted at any time.
 - (f) Entries will only be accepted from eligible individuals in exceptional circumstances and by application to the Competitions Manager prior to the closing date of the Competition.
- 6** Clubs will receive official confirmation of accepted entries prior to the Competition and any rejected entries will be listed. Swimmers who are not listed on the official confirmation of accepted entries will not be permitted to compete.
- 7** The Competitions Manager should be notified of any discrepancies by the date specified. Notification of discrepancies by the date specified does not guarantee that a discrepancy can or will be corrected.
- 8** Refunds due to a club will be made to the club by BACS or a single cheque after completion of the Competition.
- 9** No refunds will be made for withdrawals of individual entries after the official closing date unless on medical grounds. A refund for withdrawal on medical grounds will be considered provided:
- (a) A request for refund is made to the Competitions Manager no later than 72 hours prior to the start date and time of the competition, AND
 - (b) a medical note signed by an appropriate medical authority is submitted to the Competitions Manager within four weeks of that date, noting
 - (c) refunds for partial withdrawal of events per day will not be accepted.
- 10** For the purposes of this Competition, cut-off for receipt of a request for refund on medical grounds will be 11.30 hrs on Wednesday 3 July 2024.
- 11** Requests for medical refunds not received by the date specified or without a medical note signed by an appropriate medical authority submitted within the period specified will be refused.
- 12** The Competition will run with pre-seeded heats according to Rule 4(i) of the Competition Rules. Empty lanes on the day due to withdrawals will remain vacant. A secondary strobe will be available throughout the Competition.
- 13** Failure to appear in the designated heat will cancel any right to compete in that event. Competitors who fail to appear in the designated heat of an event may be allowed to swim in empty lanes in that event at the discretion of the Referee on a first-come first-served basis.
- 14** All competitors will be placed except for any swimmer disqualified.
- 15** The electronic timing is provisional and may be overruled by the Referee. The Referee's decision is final subject to Swim England Laws.
- 16** The Official Promoter of the Competition is the Dorset County ASA Swimming Committee, which has set all conditions of the competition. A Promoter's Representative who will be in attendance on the day will be appointed in advance of the Competition. Any matters arising that are not covered within these Competition Rules and Entry Conditions will be dealt with in accordance with the Laws of the sport and at the discretion of the Promoter.
- 17** The Swimming Committee has delegated the organisation of the event to a Competitions Manager. The Competitions Manager for this Competition is Mrs D Gibbs, 22 Stibbs Way, Bransgore, Christchurch, Dorset BH23 8HG.
- 18** The Lead Referee appointed for this Competition shall be the Dorset County ASA Officials Secretary.
- 19** The date and events for the programme of the 2024 Competition are as printed in the 2024 Entry Conditions.
- 20** All participants, including but not restricted to Competition organisers, competitors, coaches, officials, host volunteers, and spectators, shall comply with the Dorset County ASA Code of Ethics and Code of Conduct. Dorset County ASA reserves the right to take disciplinary action against a club, competitor or individual for infringement of these policies.
- 21** Only Competition organisers, competitors, officials, volunteers appointed by Dorset County ASA, and club team personnel or personal care attendants with an accredited p9oolside pass are permitted on poolside; spectators are not permitted on poolside at any time.
- 22** Poolside passes for club team personnel will be issued in accordance with Swim England Team Manager, Coach and Chaperone Policy 2023. Club team personnel must apply for an accredited poolside pass through the online Swim England Accreditation process (Appendix 1 refers). Poolside passes must be visible at all times.
- 23** In accordance with Swim England Rules, all club team personnel participating in any Dorset County ASA event must

fulfil the following criteria as required by their role, and when purchasing a poolside pass:

- DBS: in-date Disclosure & Barring Service certificate (all coaches, team managers and chaperones).
 - Safeguarding: in-date Safeguarding certificate recorded with the Swim England Membership Department (all coaches, team managers and chaperones).
 - Coaches: Coaching Qualification/Certificate Level 1 minimum.
 - Team Managers: Team Manager Training Module 1 or 2 Certificate.
 - Chaperones: Club authorisation to be acting in loco parentis on behalf of the club and Competitions Manager to be advised no later than seven days prior to the start of the Competition.
- 24** Personal care attendants will only be permitted for competitors where assistance is authorised in their code of exceptions and all personal care attendants must have accreditation. A poolside pass will be issued to an accredited personal care attendant on application to the Competitions Manager no later than seven days prior to the start of the Competition. Such attendants will be excluded from any restriction and will be given the same accreditation as the swimmer for whom they have personal responsibility. A competitor who has assistance as specified may have both a coach and a personal care attendant present. The personal care attendant accreditation will be free of charge.
- 25** Competitors and club team personnel will not enter the hired area until the Competition Manager gives permission. All participants are required to observe all safety announcements and conduct themselves in accordance with those announcements at all times. Spectators are not permitted to block exit routes or sit in gangways.
- 26** Wheelchair access required by a competitor or coach **MUST**, if it is a requirement of the host venue, be approved in advance with the venue management by the individual. A Personal Evacuation Plan agreed with the venue must be submitted to the Referee prior to the start of the Competition.
- 27** It is the responsibility of each Club Committee to ensure that its' club team personnel are responsible for their swimmers on poolside including but not restricted to behaviour, dress and conduct towards other competitors, officials, and Competition organisers at all times.
- 28** Competitors are not permitted to change on poolside and are required to wear clothing appropriate for land training when warming-up on poolside. Competitors must not undertake land training on poolside in swimwear only.
- 29** A designated area on poolside will be allocated to each club based on Club Entry numbers in accordance with the relevant Risk Assessment for the Competition. The area designated to each club on poolside is not negotiable.
- 30** The use of a warm-down facility is made available to competitors **ONLY** if supervised by one of their club officials with a poolside pass. The facility will be withdrawn if the use is unsupervised or if deemed to be a risk to health and safety. A warm-down facility may not be used for warm-up or training purposes.
- 31** Presentations will be made in accordance with the published timetable and as follows:
- (a) Presentations will only be made to recipients wearing suitable poolside club clothing that complies with the current Swim England Child Protection Policy.
 - (b) Trophies and awards will only be presented to recipients who have won those awards.
 - (c) The Promoter reserves the right not to present awards if the recipient does not comply with Rules 31(a-b), or who does not make themselves available in a timely manner for presentation. The Promoter's decision is final.
 - (d) Competitors who do not make themselves available at the required time for presentation will not be presented with their award at a later time and/or date.
- 32** The Referee on the day of competition is responsible for all aspects of health, safety and fair play in the area hired by Dorset County ASA and can halt the Competition at any time if there are perceived risks to competitors, officials, spectators, or Competition organisers.
- 33** Dorset County ASA reserves the right to refuse admission to any club official, coach, team manager, chaperone, competitor, or spectator. Behaviour by any individual deemed to be inappropriate, disrespectful, abusive and/or aggressive will result in that individual being required to leave the area hired by Dorset County ASA and being excluded from all future Dorset County ASA events.
- 34** Promotional activities or fundraising at Dorset County ASA events by affiliated clubs and members of affiliated clubs or external organisations associated with affiliated clubs or members of affiliated clubs are strictly forbidden under any circumstances.
- 35** Swim England Guidance on Photography as published in *Wavepower: Swim England Child Safeguarding Policy and Procedures* (<http://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/>) applies to this Competition and will be implemented as follows:
- (a) Spectators may engage in video and photographic activities of family members from the spectator area only. Flash photography at the start of a race is prohibited.
 - (b) Videoing or photography on poolside by coaches, team managers, chaperones or host volunteers for any is prohibited during the Competition in accordance with the contractual agreement(s) with the venue(s).
 - (c) Requests for photography on poolside by coaches and team managers during presentations only **MUST** be agreed with the Competitions Manager in advance of presentations.
- 36** Dorset County ASA reserves the right to take and publish still or video photography during the Competition. Any

request not to be photographed MUST be documented on a Health Information Form and submitted to the Competitions Manager, or designated Health & Safety Officer, at least two weeks before the date of the Competition.

- 37** All clubs participating in a Dorset County ASA event are required to assist in hosting that event on the day. Host Clubs may be appointed, or clubs requested to fulfil specific roles, by the Competition Volunteers Co-ordinator.
- 38** The Promoter will endeavour to run this Competition as advertised; excepting if the Competition
- (a) must be cancelled, competitors are not eligible for a full refund of entry fees. Proportionate refunds may be made but only after the Promoter has covered all incurred costs.
 - (b) must be run either unlicensed or at a lower licence level, competitors are not eligible for a refund of entry fees.

Data Protection statement: Entries will be held on a password protected computer solely for the purpose of this Competition and consent to the holding of personal information, as required by the Data Protection Act 2018, will be deemed to have been given by the submission of the entry for the purpose of participating in this Competition. Personal Data will be available for inspection during the Competition on application to the Competitions Manager. Data will only be shared with Swim England Rankings and held by Dorset County ASA for a maximum of 12 months.

Appendix 1: Coach, Team Manager & Chaperone Accreditation Process

All club team personnel require an accredited pass to be allowed on poolside at a Dorset County ASA competition (see General Competition Rules 21-22 inc). Coaches, team managers and chaperones must apply for an accredited pass via the Swim England System for Accreditation, which is the same as used for national events. Only club team personnel with the appropriate accreditation will be able to acquire a pass (see General Competition Rule 23). There is a fee of £5 for an accredited pass.

Club team personnel without a pass you will not be admitted to the event.

To apply for a pass:

1. Log into www.swimmingresults.org
2. On the 'Members' tab click on 'Swim England Member Options'. This will bring up a log-in screen for which you will need your membership number and password (details on how to make an account or reset your password if forgotten are available on this page). Once logged in, there will be several options listed.
3. Click on the link for 'Purchase accreditation for events here'. Passes are valid for three months only (ie 1 Jan – 31 March, 1 Apr – 30 June, 1 July – 30 Sept, 1 Oct – 31 Dec). Please note you must have a headshot photo uploaded, and all your qualifications, Safeguarding and DBS information must be in-date on your Club OMS system to be able to purchase accreditation.
4. Scroll through the list of events and click on the link for the Dorset Development Competition 2024.
5. All fields for this event need to show as green ("pass") for you to be able to purchase accreditation. If any box is flagged red ("fail") you will be unable to purchase accreditation. Check with your club that all your information on OMS is up to date.
6. On the same page click on 'purchase accreditation' and follow the prompts.
7. After payment there will be the option to print your accreditation. Print your accreditation and bring to the event where you will be given a pouch and lanyard. The pass must be worn throughout the event.

2024 ENTRY CONDITIONS

1 DATES

- (a) Competition: Saturday 6 July and 7 July 2024
- (b) Entries closing date: Friday 7 June 2024 (midday)

2 AGE GROUPS

- (a) Age: Age as of 31 December 2024
- (b) Age Groups: A: 9yrs; B: 10yrs; C: 11yrs; D: 12yrs; E: 13yrs; F: 14yrs; G: 15yrs; H: 16-18yrs.

NOTE: To compete in Age Group A competitors must be 9 years of age on 9 July 2024 and remain 9 years of age until 31 December 2024.

3 ENTRY FEES £6.00 per event

4 EVENTS

- (a) This competition is a Level 3 Licensed Meet. All events and distances are as defined by Swim England Laws and Regulations, and Swim England Technical Rules of Racing
- (b) All events will be Heat Declared Winner (HDW). There will be no Finals.
- (c) All heats will be spearheaded.
- (d) The Promoter reserves the right to cancel any event where insufficient entries are received.

5 ENTRY TIMES

Upper Limit Times and lower Consideration Times apply to this Competition. Swimmers must have an Official Entry Time as per Entry Conditions 5(a)i-ii following.

(a) Submitted entry times

- i. The following times will be accepted for this Competition:
 - (1) Swim England/WPS Official times achieved in a licensed competition and published on Swim England Rankings.
 - (2) Official times achieved in a recognised unlicensed competition format.
- ii. Official Times achieved in an unlicensed competition will not be accepted without the event, date, and venue at which the Official Time was achieved being fully declared. Submitted times based on time-trials or relay splits will not be accepted.
- iii. Where event title, date, and venue are not fully and completely declared by the official closing date of the Competition, or the submitted entry time has not been achieved within a recognised competition format, that entry will be refused.
- iv. The submitted entry time for any event must:
 - (1) be correct as at the closing date of the competition, and
 - (2) represent the fastest Official Time that swimmer has achieved at a licensed or unlicensed competition during the specified competition period.

(b) Upper Limit Times

- i. Upper Limit Times for 11-18 years age groups are the published Consideration Times for the 2024 Swim England SWR Age Groups and Youth Championships.
- ii. Upper Limit Times for the 10 years age groups have been set using Swim England Club (AA) Regional Qualifying Times Graded Table.
- iii. Upper Limit Times have not been set for the 9 years age group.
- iv. Swimmers cannot enter an event in which they have achieved an Official Time faster than the published Upper Limit Time in any competition, whether licensed or unlicensed, during the specified competition period and prior to the closing date of the Competition.
- v. Competitors who exceed the published Upper Limit Time during the competition will not be disqualified from that event.

(c) Consideration Times

- i. Consideration Times for the 10-18 years age groups have been set using the Swim England Club (B)

- Qualifying Times Graded Table.
- ii. Consideration times have not been set for the 9 years age group.

(d) **Acceptance of Entries**

- i. Acceptance of entries will be determined by the pool hire period and in accordance with the Operating Policy of the relevant leisure provider and Dorset County ASA Risk Assessment in effect on the day of competition, which may necessitate rejection of swimmers.
- ii. A submitted time in accordance with clause 5(a)i-iv does not infer automatic acceptance into the Competition.
- iii. Entries will be accepted based on fastest submitted time and in accordance with the time available.

(e) **Para-Swim Competitors**

- i. Swimmers with Para-Swimming Classification or a Certificate of Disability/Exception achieving Para-Swim Consideration Standards for County Events will be accepted as time permits.
- ii. Para-Swim swimmers may enter any event that is not deemed a Para-Swim Event subject to satisfying the relevant qualifying and/or consideration standards for that event as specified in the Entry Conditions.

(f) **Specified Competition Period**

The qualifying period for entry times submitted for this Competition is 8 July 2023 to 7 June 2024.

6 EXCLUSIONS

(a) **National swimmers**

- i. Swimmers qualifying for ANY individual event in a national competition of their registered home nation are excluded from entering ALL events in this Competition, regardless of whether the swimmer participates in that competition in the same year.
- ii. Swimmers who qualify for an individual event in a national competition before or after the closing date of this Competition must advise the Competitions Manager and withdraw from this Competition in which case all entry fees will be refunded.

(b) **County Medallists**

Competitors who finished in first, second, or third place in an event at the 2024 Dorset County Championships are excluded from entering the same stroke/distance in this Competition (see clause 6(c) for exemptions).

(c) **Para-Swim Swimmers**

Para-Swim swimmers are eligible to enter this Competition provided clause 6(a)i does not apply.

(d) **Eligibility**

- i. It is the responsibility of the swimmer to withdraw from this Competition or an event (as applicable) if ineligible to compete.
- ii. A swimmer entering this Competition for which they are not eligible and who has not withdrawn will forfeit the entry fee and be expected to return any award(s) associated with this Competition.

7 Awards

(a) **Heat Declared Winner (HDW) Events**

- i. Male and female age bands for the purposes of awards in this Competition are: 9 yrs, 10 yrs, 11 yrs, 12 yrs, 13 yrs, 14 yrs, 15 yrs and 16-18 yrs.
- ii. All events will be Heat Declared Winner (HDW). Medals will be awarded for first, second and third place in each of the designated age bands.
- iii. Medals will be awarded to the top three placed Para-Swim competitors in each event, which shall be determined on a multi-disability basis; the minus one ruling shall not apply.

(b) **Performance Awards**

The following awards will be presented at the end of the Competition:

- i. 'Top Overall Performer' for the first placed male and female based on total FINA points accrued during the Competition.
- ii. 'Fastest Boy' and 'Fastest Girl' based on FINA points accrued for the single fastest swim achieved by a male and a female competitor on each day of the Competition.
- iii. 'Most Improved Male' and 'Most Improved Female' based on the single greatest percentage

improvement on submitted entry time achieved for an event from each of the following categories:

- (1) 50m (Best 50m Freestyle or Backstroke or Breaststroke or Butterfly)
 - (2) 100m (Best 100m Freestyle or Backstroke or Breaststroke or Butterfly)
 - (3) Form (Best 200m Backstroke or Breaststroke or Butterfly)
 - (4) Distance (Best 200m or 400m Freestyle)
 - (5) Medley (Best 100IM or 200IM)
- iv. Para-Swim competitors are eligible for Performance Awards provided the FINA points accrued, or percentage improvement achieved, qualifies that competitor in accordance with clause 7(b)i-iii.

(c) **Team Awards**

The following will be presented at the end of the Competition:

- i. Top Development Club trophy calculated from Club Team Points accrued during the Competition.
- ii. Most Improved Club trophy calculated from the average percentage improvement from the total number of entries for each club.

(d) **Presentations**

Presentation of awards will be in accordance with the published timetable and as time permits but may be amended or cancelled on the day of competition.

(e) **Medals Desk**

- i. Medals for HDW and Para-Swim events may be collected from the Medals Desk once results have been announced. There will be no formal presentation of awards for events.
- ii. Medals must be collected from the Medals Desk during the Competition. The Medals Desk will close 15 minutes after the results of the final event of the Competition have been published. Uncollected awards will not be posted or made available for collection after the Competition.

8 Club Team Points

- (a) Points will be awarded for all competitors placed first to eighth in their respective Age Groups in individual HDW event as follows: 1st place = 8 points descending to 1 point = 8th place.
- (b) A competitor with dual registration may only represent one club for the duration of the Competition, which shall be the club named on the entry form.

9 Spectator Admission

- (a) Spectator admission per day to this Competition is as follows: All sessions – £5.00 (adults) and £2.50 (under-16s); One session - £3.00 (adults) and £1.50 (under-16s).
- (b) Admission does not guarantee a seat will be available; seats cannot be pre-booked.
- (c) Spectator admission will be in accordance with the maximum limit for the spectator area(s) as specified by the Operating Procedures of the venue, which govern the Dorset County ASA Risk Assessment for that venue, as follows:
 - i. Littledown: 170 persons seated and 30 persons standing in the rear gallery.
 - ii. Wheelchairs: Access limited to the space allotted by the venue management. Prior booking for wheelchairs with the Competitions Manager is required.
- (d) Wristbands will be issued according to the maximum limit for the spectator area(s) for that session and are not transferable. Admission will be refused without the designated wristband for the relevant session(s).
- (e) All spectators may be required to vacate the spectator area(s) between each session in which case spectators' possessions will be removed from the spectator area(s) to prevent seat blocking.
- (f) A programme of events, start sheets and Live Results will be published on the Dorset County ASA website.

10 Poolside access

- (a) Swimmers are permitted on poolside only if competing in that specific session.
- (b) Poolside passes for club team personnel will be strictly limited and issued to each club by the Competitions Manager in accordance with the Team Manager, Coach & Chaperone Policy 2023 on receipt and acceptance of entries.
- (c) All club team personnel require an accredited poolside pass. The relevant competition for purchasing poolside accreditation is "Dorset Development Competition 2024".

11 Officials & Volunteers

- (a) Officials are requested to make offers of help to officiate during this Competition on the Swim-Meet software

<http://www.swim-meet.com/OfficialsSignup/DorsetCounty/>; sessions(s) to be chosen from the programme of events and requested details to be completed.

- (b) Volunteers are requested to make offers of assistance to host this Competition on the Swim-Meet software <https://www.swim-meet.com/VolunteersSignup/DorsetCounty/>; session(s) to be chosen from the programme of events and contact details to be completed.

Competitor Health Declaration

To ensure safety procedures and protocols are observed, together with the well-being of all competitors, all associated medical conditions must be declared on a Health Information Form with the management plan for the condition and submitted to the Competitions Manager, or designated Health & Safety Officer, at least two weeks before the date of Competition. The Declaration shall be made by the competitor/parent/guardian for the sole use of those persons with responsibility for health and safety during the Competition. The content of the declaration will be held in strict confidence, and only shared when essential to ensure the safety of the competitor during the Competition. The forms submitted by swimmers entering an event in the Dorset County ASA Competition Programme 2024 will be held securely on file until the final Dorset County ASA competition of the 2024 season.

PROGRAMME OF EVENTS

SATURDAY 6 JULY 2024 at LITLEDOWN**SESSION 1** Warm-up 11.45 Start 12.50 Estimated finish tbc

| Event No | Distance(m) | Event | Male/Female | Type | Ages |
|----------|-------------|--------------|-------------|------|----------|
| 101 | 400 | Freestyle | Male | HDW | All ages |
| 102 | 50 | Freestyle | Female | HDW | All ages |
| 103 | 100 | Backstroke | Male | HDW | All ages |
| 104 | 100 | Ind. Medley | Female | HDW | All Ages |
| 105 | 50 | Breaststroke | Male | HDW | All ages |
| 106 | 100 | Butterfly | Female | HDW | All ages |
| 107 | 200 | Ind. Medley | Male | HDW | All ages |

SESSION 2 Warm-up tbc Start tbc Estimated finish tbc

| Event No | Distance(m) | Event | Male/Female | Type | Ages |
|----------|-------------|--------------|-------------|------|----------|
| 201 | 200 | Freestyle | Female | HDW | All ages |
| 202 | 50 | Backstroke | Male | HDW | All ages |
| 203 | 200 | Breaststroke | Female | HDW | All ages |
| 204 | 100 | Freestyle | Male | HDW | All Ages |
| 205 | 50 | Butterfly | Female | HDW | All ages |
| 206 | 100 | Breaststroke | Male | HDW | All ages |
| 207 | 200 | Backstroke | Female | HDW | All ages |

SUNDAY 7 JULY 2024 at LITLEDOWN**SESSION 3** Warm-up 11.45 Start 12.50 Estimated finish tbc

| Event No | Distance(m) | Event | Male/Female | Type | Ages |
|----------|-------------|--------------|-------------|------|----------|
| 301 | 400 | Freestyle | Female | HDW | All ages |
| 302 | 50 | Freestyle | Male | HDW | All ages |
| 303 | 100 | Backstroke | Female | HDW | All ages |
| 304 | 100 | Ind. Medley | Male | HDW | All Ages |
| 305 | 50 | Breaststroke | Female | HDW | All ages |
| 306 | 100 | Butterfly | Male | HDW | All ages |
| 307 | 200 | Ind. Medley | Female | HDW | All ages |

SESSION 4 Warm-up tbc Start tbc Estimated finish tbc

| Event No | Distance(m) | Event | Male/Female | Type | Ages |
|----------|-------------|--------------|-------------|------|----------|
| 401 | 200 | Freestyle | Male | HDW | All ages |
| 402 | 50 | Backstroke | Female | HDW | All ages |
| 403 | 200 | Breaststroke | Male | HDW | All ages |
| 404 | 100 | Freestyle | Female | HDW | All Ages |
| 405 | 50 | Butterfly | Male | HDW | All ages |
| 406 | 100 | Breaststroke | Female | HDW | All ages |
| 407 | 200 | Backstroke | Male | HDW | All ages |
| 408 | 200 | Butterfly | Mixed | HDW | All Ages |

| 2024 UPPER CUT-OFF TIMES AND CONSIDERATION TIMES (age as of 31 December) | | | | | | | | | |
|--|----|---|---------|---------|---------|---------|---------|---------|---------|
| BOYS | | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16-18 |
| FREESTYLE | | Entry times have not been set for the 9 years age group. Swimmers will be accepted as time permits. | | | | | | | |
| 50m | UT | | 34.70 | 31.90 | 31.90 | 30.80 | 28.00 | 27.80 | 26.70 |
| | CT | | 47.57 | 44.42 | 41.69 | 38.85 | 34.40 | 32.40 | 31.20 |
| 100m | UT | | 1.15.80 | 1.09.80 | 1.09.80 | 1.06.80 | 1.01.70 | 59.10 | 58.60 |
| | CT | | 1.44.27 | 1.36.50 | 1.29.99 | 1.23.58 | 1.14.10 | 1.10.10 | 1.07.50 |
| 200m | UT | | 2.43.80 | 2.35.80 | 2.35.80 | 2.26.60 | 2.12.40 | 2.09.30 | 2.04.20 |
| | CT | | 3.46.17 | 3.29.90 | 3.16.25 | 3.02.56 | 2.41.60 | 2.33.00 | 2.27.10 |
| 400m | UT | | 5.44.90 | 5.25.70 | 5.25.70 | 5.15.60 | 4.45.10 | 4.32.90 | 4.23.70 |
| | CT | | 6.59.20 | 6.59.20 | 6.33.00 | 6.06.90 | 5.42.10 | 5.23.60 | 5.11.40 |
| BREASTSTROKE | | | | | | | | | |
| 50m | UT | | 45.50 | 44.60 | 44.60 | 41.20 | 39.20 | 34.10 | 33.90 |
| | CT | | 1.04.68 | 59.95 | 53.34 | 49.14 | 45.68 | 42.95 | 41.16 |
| 100m | UT | | 1.39.40 | 1.34.70 | 1.34.70 | 1.31.60 | 1.19.40 | 1.18.40 | 1.16.40 |
| | CT | | 2.21.35 | 2.09.25 | 1.54.87 | 1.45.74 | 1.38.18 | 1.32.40 | 1.28.62 |
| 200m | UT | | 3.32.30 | 3.25.40 | 3.25.40 | 3.12.30 | 2.55.00 | 2.47.90 | 2.43.80 |
| | CT | | 4.13.10 | 4.13.10 | 3.56.40 | 3.38.30 | 3.32.31 | 3.20.24 | 3.12.99 |
| BUTTERFLY | | | | | | | | | |
| 50m | UT | | 38.90 | 38.00 | 38.00 | 35.50 | 33.30 | 29.40 | 29.40 |
| | CT | | 55.33 | 51.15 | 45.99 | 42.63 | 39.48 | 36.96 | 35.60 |
| 100m | UT | | 1.28.30 | 1.26.10 | 1.26.10 | 1.18.00 | 1.13.00 | 1.09.40 | 1.06.90 |
| | CT | | 2.04.74 | 1.52.97 | 1.45.05 | 1.37.13 | 1.25.79 | 1.20.54 | 1.20.54 |
| 200m | UT | | 3.26.10 | 3.21.40 | 3.21.40 | 3.13.40 | 2.48.10 | 2.27.90 | 2.27.90 |
| | CT | | 3.45.80 | 3.45.80 | 3.30.80 | 3.15.10 | 3.10.05 | 2.57.24 | 2.51.47 |
| BACKSTROKE | | | | | | | | | |
| 50m | UT | 40.10 | 37.50 | 37.50 | 36.40 | 33.60 | 31.90 | 30.8 | |
| | CT | 56.98 | 53.02 | 47.67 | 44.00 | 41.16 | 38.54 | 36.86 | |
| 100m | UT | 1.27.00 | 1.23.00 | 1.23.00 | 1.17.90 | 1.10.80 | 1.10.80 | 1.05.80 | |
| | CT | 2.03.75 | 1.53.08 | 1.41.01 | 1.33.35 | 1.26.52 | 1.21.48 | 1.18.33 | |
| 200m | UT | 3.03.10 | 2.51.00 | 2.51.00 | 2.48.00 | 2.33.80 | 2.28.70 | 2.21.60 | |
| | CT | 3.34.94 | 3.34.94 | 3.22.98 | 3.10.79 | 3.06.38 | 2.55.88 | 2.49.47 | |
| IND MEDLEY | | | | | | | | | |
| 100m | UT | 1.28.30 | 1.23.80 | 1.19.10 | 1.14.50 | 1.10.70 | 1.08.30 | 1.02.60 | |
| | CT | 2.00.33 | 1.52.14 | 1.45.11 | 1.37.34 | 1.30.09 | 1.24.95 | 1.21.17 | |
| 200m | UT | 3.07.80 | 2.54.80 | 2.54.80 | 2.47.40 | 2.33.50 | 2.28.40 | 2.24.80 | |
| | CT | 3.57.09 | 3.57.09 | 3.41.97 | 3.26.64 | 3.02.00 | 2.51.90 | 2.45.60 | |

NOTE:

- (1) Competitors in Age Group A must be 9 years of age on 7 July 2024 and remain 9 years of age until 31 December 2024.
- (2) Competitors who are 9 years of age on the day of competition, but become 10 years of age by 31 December 2024, will compete in Age Group B.
- (3) The hundredth-place value of submitted time will be taken into consideration.

| 2024 UPPER TIMES and CONSIDERATION TIMES (age as of 31 December) | | | | | | | | | | |
|--|----|---|---------|---------|---------|---------|---------|---------|---------|-------|
| GIRLS | | | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16-18 |
| FREESTYLE | | | | | | | | | | |
| 50m | UT | Entry times have not been set for the 9 years age group. Swimmers will be accepted as time permits. | 35.30 | 32.40 | 32.40 | 30.30 | 29.30 | 28.80 | 28.50 | |
| | CT | | 47.78 | 44.63 | 41.90 | 39.59 | 36.20 | 35.20 | 34.50 | |
| 100m | UT | | 1.17.50 | 1.11.40 | 1.11.40 | 1.06.80 | 1.04.00 | 1.02.70 | 1.02.70 | |
| | CT | | 1.45.11 | 1.36.39 | 1.29.99 | 1.25.16 | 1.17.80 | 1.15.90 | 1.14.20 | |
| 200m | UT | | 2.44.90 | 2.31.70 | 2.31.70 | 2.26.60 | 2.19.50 | 2.14.40 | 2.12.40 | |
| | CT | | 3.44.70 | 3.28.11 | 3.13.94 | 3.03.02 | 2.47.60 | 2.43.20 | 2.39.80 | |
| 400m | UT | | 5.49.80 | 5.25.70 | 5.25.70 | 5.10.50 | 4.55.30 | 4.53.30 | 4.45.10 | |
| | CT | | 6.52.90 | 6.52.90 | 6.25.10 | 6.04.30 | 5.50.40 | 5.40.90 | 5.35.10 | |
| BREASTSTROKE | | | | | | | | | | |
| 50m | UT | | 45.90 | 44.00 | 44.00 | 41.20 | 39.20 | 38.20 | 38.20 | |
| | CT | | 1.04.68 | 59.73 | 53.13 | 49.98 | 47.78 | 46.41 | 45.57 | |
| 100m | UT | | 1.40.00 | 1.34.70 | 1.34.70 | 1.28.60 | 1.26.60 | 1.24.50 | 1.22.50 | |
| | CT | | 2.20.80 | 2.08.04 | 1.53.94 | 1.46.68 | 1.41.54 | 1.39.23 | 1.37.55 | |
| 200m | UT | | 3.32.70 | 3.18.30 | 3.18.30 | 3.15.30 | 3.02.10 | 2.56.00 | 2.55.00 | |
| | CT | 4.09.80 | 4.09.80 | 3.52.90 | 3.38.20 | 3.38.20 | 3.33.89 | 3.30.32 | | |
| BUTTERFLY | | | | | | | | | | |
| 50m | UT | 39.00 | 37.00 | 37.00 | 35.20 | 33.40 | 32.40 | 31.90 | | |
| | CT | 54.89 | 51.15 | 45.68 | 43.05 | 41.27 | 40.01 | 39.27 | | |
| 100m | UT | 1.28.40 | 1.25.10 | 1.25.10 | 1.15.00 | 1.14.00 | 1.12.00 | 1.10.90 | | |
| | CT | 2.03.86 | 1.52.31 | 1.44.06 | 1.38.23 | 1.29.46 | 1.27.47 | 1.25.68 | | |
| 200m | UT | 3.27.60 | 3.18.40 | 3.18.40 | 2.58.20 | 2.43.10 | 2.38.00 | 2.36.00 | | |
| | CT | 3.45.00 | 3.45.00 | 3.27.80 | 3.15.10 | 3.15.72 | 3.10.05 | 3.06.59 | | |
| BACKSTROKE | | | | | | | | | | |
| 50m | UT | 40.20 | 36.90 | 36.90 | 35.40 | 33.90 | 33.60 | 32.90 | | |
| | CT | 56.87 | 52.91 | 47.36 | 44.73 | 42.84 | 41.79 | 40.85 | | |
| 100m | UT | 1.27.40 | 1.23.00 | 1.23.00 | 1.17.90 | 1.13.90 | 1.12.90 | 1.09.80 | | |
| | CT | 2.03.42 | 1.52.75 | 1.44.72 | 1.38.67 | 1.30.41 | 1.27.78 | 1.26.21 | | |
| 200m | UT | 3.05.00 | 2.51.00 | 2.51.00 | 2.43.90 | 2.36.80 | 2.28.70 | 2.27.70 | | |
| | CT | 4.09.78 | 4.09.78 | 3.53.45 | 3.41.03 | 3.13.73 | 3.07.85 | 3.03.86 | | |
| IND MEDLEY | | | | | | | | | | |
| 100m | UT | 1.27.00 | 1.23.80 | 1.19.70 | 1:16.60 | 1:15.20 | 1:14.00 | 1:12.90 | | |
| | CT | 1.58.34 | 1.51.51 | 1.44.37 | 1.38.07 | 1.34.61 | 1.32.09 | 1.29.78 | | |
| 200m | UT | 3.08.10 | 2.54.80 | 2.54.80 | 2.47.70 | 2.40.60 | 2.37.50 | 2.32.40 | | |
| | CT | 3.54.89 | 3.54.89 | 3.38.72 | 3.26.96 | 3.08.90 | 3.04.00 | 3.00.60 | | |

NOTE:

- (1) Competitors in Age Group A must be 9 years of age on 7 July 2024 and remain 9 years of age until 31 December 2024.
- (2) Competitors who are 9 years of age on the day of competition, but become 10 years of age by 31 December 2024, will compete in Age Group B.
- (3) The hundredth-place value of submitted time will be taken into consideration.