



## DORSET COUNTY ASA

### 2024 INTEGRATED CHAMPIONSHIPS and AGE GROUP COMPETITION

Licence numbers 2SW240064, 2SW240065, 2SW240066 and 2SW240067  
held under

Swim England Laws and Regulations and Swim England Technical Rules of Racing

#### COMPETITION RULES

- 1 The Dorset County ASA General Competition Conditions will apply as published on the Dorset County ASA website unless inconsistent with the conditions which follow. All competitors, or in the case of a minor the parent/guardian of that minor, will be deemed to have accepted the approved and published conditions by submitting an entry to participate in a Dorset County ASA competition.
- 2 Swimmers entering the 2024 Integrated Championships and Age Group Competition (hereinafter referred to as the "Competition") must be eligible to compete:
  - (a) by holding the necessary birth, residential, or affiliated club membership qualification, AND
  - (b) must be a registered member of the club in the name of which they are entered for at least one calendar month before the first day of the Competition.
- 3 Swimmers entered in the Championships of another County Association, or any event in the competition programme of another County Association, in the same year as this Competition are not eligible to compete in this Competition or any event covered by the Dorset General Competition Conditions, as published on the Dorset County ASA website.
- 4 The following conditions will apply to ALL competitors:
  - (a) Competitors must have a Swim England registration number and be registered through their club as Swim England Club Compete. No entry will be accepted without the current Swim England registration number of the competitor.
  - (b) The Competition will be run as an integrated competition. Para-Swim/Disability competitors must:
    - i have an authorised national or international disability Classification, Certificate of Disability or Certificate of Exception which must be declared on the entry form; and
    - ii competitors with a Certificate of Disability/Exception MUST present the Certificate to the Referee at the start of the relevant session before racing commences. Failure to do so may result in disqualification.
  - (c) The 'Female' category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Policy. By entering the 'Female' category a swimmer confirms that their birth sex is female.
  - (d) Submitted times for events entered in this Competition must be:
    - i Swim England or WPS Official Times achieved in an event held under Swim England Laws and Regulations and Technical Rules of Racing and recorded on Swim England Rankings; and
    - ii have been achieved within the qualifying period specified for the Competition.
  - (e) It is the responsibility of the club to certify that all swimmers entering the Competition are eligible in accordance with Rule 2(a-b) and submitted times comply with Rule 4(d)i-ii.
  - (f) Entries received will be subject to satisfying the qualifying/consideration standard(s) as specified by the Entry Conditions. Entry times outside of the qualifying/consideration standards will not be accepted.
  - (g) Para-Swim Consideration Standards for County Events will apply for swimmers with disability Classification or a Certificate of Disability/Exception. Entry times outside of the Para-Swim Consideration Standards for Para-Swim events will not be accepted.
  - (h) Submitted entries must be made using Short Course times, or those converted from Long Course times using approved Swim England conversion tables.
  - (i) Entries will be seeded on submitted times with the slowest time swimming first. Para-Swim/Disability swimmers will compete in the appropriate time ranked heat.
  - (j) The Competitions Manager may request validation of any stated Official Time before an entry is accepted.
  - (k) All entries must comply with Rule 4(a-h). Any entries not complying with Rule 4(a-h), or are found to be incorrect or ineligible, shall be void and the entry fee forfeited.
- 5 The following conditions will apply to ALL entries:
  - (a) Entries must be received by the Competitions Manager by the official closing date as a whole Club Entry via

- Sportsystems Entry Manager. Payment by BACS or a single cheque payable to Dorset County ASA must accompany each Club Entry.
- (b) Where payment is made by BACS, proof of payment must be provided with submitted entries. Where payment is made by cheque, proof of posting should be retained. Payment by cheque after the official closing date will not be accepted without evidence of posting made in sufficient time to ensure arrival by the official closing date.
  - (c) Entries submitted by the official closing date without payment of entry fees will not be processed and where payment has not been received by the closing date entries will be considered null and void.
  - (d) No entries will be accepted after the official closing date regardless of reason or without payment of entry fees having been submitted by the official closing date.
  - (e) Improved entry times will not be accepted after the official closing date regardless of date of achievement and requests for time trials will not be accepted at any time.
  - (f) Entries will only be accepted from eligible individuals in exceptional circumstances and by application to the Competitions Manager prior to the closing date of the Competition.
- 6 Clubs will receive official confirmation of accepted entries prior to the Competition and any rejected entries will be listed. Swimmers who are not listed on the official confirmation of accepted entries will not be permitted to compete.
  - 7 The Competitions Manager should be notified of any discrepancies by the date specified. Notification of discrepancies by the date specified does not guarantee that a discrepancy can or will be corrected.
  - 8 Refunds due to a club will be made to the club by BACS or a single cheque after completion of the Competition.
  - 9 No refunds will be made for withdrawals after the official closing date unless on medical grounds. A refund for withdrawal on medical grounds will be considered provided:
    - (a) a request for refund is made to the Competitions Manager no later than 72 hours prior to the start date and time of the applicable weekend of competition, and
    - (b) a medical note signed by an appropriate medical authority is submitted to the Competition Manager within four weeks of that date, noting
    - (c) refunds for partial withdrawal of events per day will not be accepted.
  - 10 For the purposes of this Competition, the cut-off date for receipt by the Competitions Manager for a refund on medical grounds will be:
    - 20/21 January 2024: 11.00 hrs 17 January 2024
    - 28 January 2024: 10.30 hrs 25 January 2024
    - 3-4 February 2024: 11.00 hrs 31 January 2024
    - 11 February 2024: 10.30 hrs 8 February 2024
  - 11 Requests for medical refunds not received by the date specified, or without a medical note signed by an appropriate medical authority will be refused.
  - 12 The Competition will run with pre-seeded heats according to Rule 4(i) of the Competition Rules. Empty lanes on the day due to withdrawals will remain vacant. A secondary strobe will be available throughout the Competition.
  - 13 Failure to appear in the designated heat will cancel any right to compete in that event. Competitors who fail to appear in the designated heat of an event may be allowed to swim in empty lanes in that event at the discretion of the Referee, and on a first-come first-served basis.
  - 14 All competitors will be placed except for any swimmer disqualified.
  - 15 The electronic timing is provisional and may be overruled by the Referee. The Referee's decision is final subject to Swim England Laws.
  - 16 The Official Promoter of the Competition is the Dorset County ASA Swimming Committee, which has set the conditions of the Competition. A Promoter's Representative who will be in attendance on the day will be appointed in advance of the Competition. Any matters arising that are not covered within these Competition Rules and Entry Conditions will be dealt with in accordance with the Laws of the sport and at the discretion of the Promoter.
  - 17 The Swimming Committee has delegated organisation of the event to a Competitions Manager. The Competitions Manager for this Competition is Mrs D Gibbs, 22 Stibbs Way, Bransgore, Christchurch, Dorset BH23 8HG.
  - 18 The Lead Referee appointed for this Competition shall be the Dorset County ASA Officials Secretary.
  - 19 The date and events for the programme of the 2024 Competition are as printed in the 2024 Entry Conditions.
  - 20 All participants including but not restricted to the Competition organisers, competitors, coaches, officials, host volunteers, and spectators shall comply with the Dorset County ASA Code of Ethics and Code of Conduct. Dorset County ASA reserves the right to take disciplinary action against a club, competitor or individual for infringement of these policies.
  - 21 Only the Competition organisers, competitors, authorised club team personnel and personal care attendants with an accredited poolside pass, officials and host volunteers appointed by Dorset County ASA are permitted on poolside; spectators are not permitted on poolside at any time.
  - 22 Poolside passes for coaches, team managers and chaperones will be issued in accordance with the Swim England

Team Manager, Coach and Chaperone Policy 2023. Coaches, team managers and chaperones must apply for an accredited poolside pass through the online Swim England Accreditation process (Appendix 1 refers). Poolside passes must be visible at all times.

- 23** In accordance with Swim England Rules, all coaches, team managers and chaperones participating in any Dorset County ASA event must fulfil the following criteria as required by their role, and when purchasing a poolside pass:
- DBS: in-date Disclosure & Barring Service certificate (all coaches, team managers and chaperones).
  - Safeguarding: in-date Safeguarding certificate recorded with the Swim England Membership Department (all coaches, team managers and chaperones).
  - Coaches: Coaching Qualification/Certificate Level 1 minimum.
  - Team Managers: Team Manager Training Module 1 or 2 Certificate.
  - Chaperones: Club authorisation to be acting in loco parentis on behalf of the Club and Competitions Manager to be advised no later than seven days prior to the start of the Competition.
- 24** Personal care attendants will only be permitted for competitors where assistance is permitted in their code of exceptions and all personal care attendants must have accreditation. A poolside pass will be issued to an accredited personal care attendant on application to the Competitions Manager no later than seven days prior to the start of the Competition. Such attendants will be excluded from any restriction and will be given the same accreditation as the swimmer for whom they have personal responsibility. A competitor who has assistance as specified may have both a coach and a personal care attendant present. The personal care attendant accreditation will be free of charge.
- 25** Competitors, coaches, team managers and chaperones will not enter the hired area until the Referee gives permission. All participants are required to observe all safety announcements and conduct themselves in accordance with those announcements at all times.
- 26** Wheelchair access required by a competitor or coach MUST, if it is a requirement of the host venue, be approved in advance with the venue management by the individual. A Personal Evacuation Plan agreed with the venue management must be submitted to the Referee prior to the start of the Competition.
- 27** It is the responsibility of each Club Committee to ensure that its coaches, team managers and chaperones are responsible for their competitors on poolside including but not restricted to behaviour, dress and conduct towards other competitors, officials, and Competition organisers at all times.
- 28** Competitors are not permitted to change on poolside and are required to wear clothing appropriate for land training when warming-up on poolside. Competitors must not undertake land training on poolside in swimwear only.
- 29** A designated area on poolside will be allocated to each club based on entry numbers in accordance with the relevant contractual agreement with the venue and current Risk Assessment for the Competition. The area designated to each club on poolside is not negotiable.
- 30** The use of a warm-down facility is made available to competitors ONLY if supervised by one of their club officials with an accredited poolside pass. The facility will be withdrawn if the use is unsupervised or if deemed to be a risk to health and safety. A warm-down facility may not be used for warm-up or training purposes.
- 31** Presentations will be made according to the published timetable and as follows:
- (a) Presentations will only be made to recipients wearing suitable poolside club clothing that complies with the current Swim England Child Protection Policy.
  - (b) Awards will only be presented to recipients who have won those awards.
  - (c) The Promoter reserves the right not to present awards if the recipient does not comply with Rules 31(a-b), or who does not make themselves available in a timely manner for presentation. The Promoter's decision is final.
  - (d) Competitors who do not make themselves available at the required time for presentation will not be presented with their award at a later date and/or time.
- 32** The Referee on the day of competition is responsible for all aspects of health, safety and fair play in the area hired by Dorset County ASA and can halt the Competition at any time if there are perceived risks to competitors, officials, spectators, or competition organisers. Spectators are not permitted to block exit routes or sit in gangways.
- 33** Dorset County ASA reserves the right to refuse admission to any club official, coach, competitor, or spectator. Behaviour by any club official, coach, competitor, or spectator deemed to be inappropriate, disrespectful, abusive and/or aggressive will result in that individual being required to leave the area hired by Dorset County ASA and being excluded from all future Dorset County ASA events.
- 34** Promotional activities or fundraising at Dorset County ASA events by affiliated clubs and members of affiliated clubs or external organisations associated with affiliated clubs and members of affiliated clubs are strictly forbidden under any circumstances.
- 35** Swim England Guidance on Photography as published in *Wavepower: Swim England Child Safeguarding Policy and Procedures* (<http://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/>) applies to this

Competition and will be implemented as follows:

- (a) Spectators may engage in video/photographic activities of family members from the spectator area only. Flash photography at the start of a race is prohibited.
  - (b) Videoing/photography on poolside by coaches, team managers, chaperones or host volunteers for any purpose is prohibited during the Competition in accordance with the contractual agreement(s) with the venue(s).
  - (c) Request for photography on poolside by coaches and team managers during presentations only MUST be agreed with the Competitions Manager in advance of presentations.
- 36** Dorset County ASA reserves the right to take and publish still or video photography during the Competition. Any request not to be photographed MUST be documented on a Health Information Form submitted to the Competitions Manager at least two weeks before the first date of Competition.
- 37** All clubs participating in a Dorset County ASA event are required to assist in hosting that event on the day. Host Clubs may be appointed, or clubs requested to fulfil specific roles, by the Competition Volunteers Co-ordinator.
- 38** The Promoter will endeavour to run this Competition as advertised; excepting if the Competition:
- (a) must be cancelled, competitors are not eligible for a full refund of entry fees. Proportionate refunds may be made but only after the Promoter has covered all incurred costs; or
  - (b) run either unlicensed or at a lower licence level, competitors are not eligible for a refund of entry fees.

**Data Protection statement:** Entries will be held on a password protected computer solely for the purpose of this Competition and consent to the holding of personal information, as required by the Data Protection Act 2018 and in accordance with GDPR 2018, will be deemed to have been given by the submission of the entry for the purpose of participating in this Competition. Personal Data will be available for inspection during the Competition on application to the Competition Manager. Data will only be shared with Swim England Rankings and held by Dorset County ASA for a maximum of 12 months.

#### **Appendix 1:**

##### **Coach, Team Manager & Chaperone Accreditation Process**

All coaches, team managers and chaperones now require an accredited pass to be allowed on poolside at a Dorset County ASA competition (*see General Competition Rules 21-22 inc*). Coaches, team managers and chaperones must apply for an accredited pass via the Swim England System for Accreditation, which is the same as used for national events. Only coaches, team managers and chaperones with the appropriate accreditation will be able to acquire a pass (*see General Competition Rule 23*).

##### **Without a pass you will not be admitted to the event.**

To apply for a pass:

1. Log into [www.swimmingresults.org](http://www.swimmingresults.org)
2. On the 'Members' tab click on 'Swim England Member Options'. This will bring up a log-in screen for which you will need your membership number and password (details on how to make an account or reset your password if forgotten are available on this page). Once logged in, there will be several options listed.
3. Click on the link for 'Purchase accreditation for events here'. Passes are valid for six months only, either December to May or June to November. Please note you must have a headshot photo uploaded and all your qualifications, Safeguarding and DBS information must be in-date on your Club OMS system to be able to purchase accreditation.
4. Several events will be listed. Scroll to find the relevant Dorset County Competition. All fields for this event need to show as green ("pass") for you to be able to purchase accreditation. If any box is flagged red ("fail") you will be unable to purchase accreditation. Check with your club that all information is up to date.
5. On the same page click on 'purchase accreditation' and follow the prompts.
6. After payment there will be the option to print your accreditation. Print your accreditation and bring to the event where you will be given a pouch and lanyard. The pass must be worn throughout the event.

Please note there is a fee of £5.00 for accredited passes. Email Di Gibbs at [dorsetasa@gmail.com](mailto:dorsetasa@gmail.com) for queries.

## 2024 ENTRY CONDITIONS

### 1 DATES

- (a) Littledown: Saturday 20 January and Sunday 21 January 2024
- (b) Dorchester: Sunday 28 January 2024 [800m Freestyle]
- (c) Littledown: Saturday 3 February and Sunday 4 February 2024
- (d) Dorchester: Sunday 11 February 2024 [1500m Freestyle]
- (e) Entries closing date: Friday 22 December 2024 (mid-day)

### 2 AGE GROUPS

- (a) Age: Age as of 31 December 2024
- (b) Age Groups: A: 10/11yrs B: 12yrs C: 13yrs D: 14yrs E: 15yrs F: 16yrs G: 17/over

### 3 ENTRY FEES

- (a) 50/100/200/400m: £7.00 per event
- (b) 800/1500m: £8.00 per event

### 4 EVENTS

- (a) This Competition is a Level 2 Licensed Meet. All events and distances are as defined by Swim England Laws and Regulations and Swim England Technical Rules of Racing.
- (b) Finals will be held for 50m and 100m events; all other events will be Heats Declared Winner (HDW).
- (c) Heats will be spearheaded and in events with Finals the last three heats will be cyclically seeded.

### 5 ENTRY TIMES

There are no Qualifying Times for this Competition. Consideration Times for 14/over have been set using the published Swim England BSC Average Times (2015-19). Consideration Times for 13/under have been set using Swim England Graded Tables (Regional).

#### (a) Submitted Entry Times

All submitted entry times must have been achieved at a licensed meet (L1-4 inc) and appear on Swim England Rankings; entry times not published on Swim England Rankings will not be accepted.

#### (b) Acceptance of entries – individual events

- i Competitors with Consideration Times will be accepted into the Competition upon receipt of entry by the official closing date according to the fastest submitted times and the Competition time limits; and
- ii in accordance with venue capacity as specified by the Normal Operating Procedure of the venue and the Dorset County ASA Risk Assessment in effect on the day of competition.
- iii Numbers on poolside and/or the maximum number of heats may therefore be limited which may necessitate rejection of swimmers regardless of qualifying and/or consideration times as applicable, noting that
- iv a Consideration Time does not infer automatic acceptance into the Competition.
- v Secondary registration is required for the long-distance freestyle events. Competitors and notified reserves MUST register at the Recorders Desk 30 minutes prior to the start time on the day of the swim. Failure to register in person as specified will forfeit the right to compete.

#### (c) Acceptance of entries – Para-Swim/Disability Competitors

- i Swimmers with disability Classification or a Certificate of Disability/Exception achieving Para-Swim Consideration Standards for County Events will be accepted as time permits.
- ii Para-Swim/Disability swimmers may also enter any event that is not deemed a Para-Swim Event, subject to satisfying the relevant consideration standard(s) as specified in the Entry Conditions.

#### (d) Specified Competition Period

The qualifying period for entry times submitted for this Competition is 14 January 2023 to 22 December 2023.

**6 FINALS**

- (a) Finals for all 50m and 100m events will be held in the following age groups: 10/11 years, 12 years, 13 years, 14 years, 15 years, 16 years, and 17/over.
- (b) Finalists' lists will be posted on poolside within 15 minutes after the last heat of each event with Finals.
- (c) Swimmers with disability Classification or a Certificate of Disability/Exception may compete in Finals provided the time achieved in the heat swim qualifies that competitor for the Final of that event.
- (d) There will be no formal withdrawal process for Finals. All notified Finalists and Reserves will be deemed to have accepted a place in the applicable Final and should report to the Marshalling area for the Finals session.
- (e) Where a Finalist fails to report to the Marshalling area for a Final by the start of the previous Final, a Reserve for that event will be allocated the empty lane.

**7 SENIOR/JUNIOR CHAMPIONS****(a) Events with Finals**

- i The Senior Champion of each event with Finals will be the competitor returning the fastest time overall for that event from the Age Group Finals regardless of age.
- ii The Junior Champion of each event with Finals will be the Junior swimmer as determined by clause 7(c)i returning the fastest time overall for a Junior swimmer for that event in the Age Group Finals.

**(b) Heats Declared Winner (HDW) events**

- i The Senior Champion of each HDW event will be the competitor returning the fastest time overall for that event regardless of age.
- ii The Junior Champion of each HDW event will be the Junior swimmer as determined by clause 7(c)i returning the fastest time overall for that event.

**(c) Junior Swimmers**

- i Junior Swimmers are competitors who are under 16 years of age on 31 December 2024.
- ii Swimmers under 16 years of age at midnight on the DAY of a swim may claim a Junior County Record.

**8 AWARDS****(a) Events with Finals**

- i Male/Open and Female age bands for the purposes of awards for events for Finals in this Competition are: 10/11 years, 12 years, 13 years, 14 years, 15 years, 16 years and 17/over.
- ii Medals will be awarded to the top three placed competitors in each of the designated age bands for events with Finals. Medals will not be awarded for the heats of events with Finals.

**(b) Heat Declared Winner (HDW) Events**

- i Male/Open and Female age bands for the purposes of awards for HDW events in this Competition are: 10/11 years, 12 years, 13 years, 14 years, 15 years, 16 years, and 17/over.
- ii Medals will be awarded to the top three placed competitors in each of the designated age bands for HDW events.

**(c) Para-Swim/Disability Competitors**

Medals will be awarded to the top three placed Para-Swim/Disability competitors in each event which shall be determined on a multi-disability basis. If less than four swimmers participate in any one event, then the minus one ruling shall not apply.

**(d) Championships Awards**

- i Senior Championships medals will be awarded for the overall top three placed competitors from the Age Group Finals of each event with Finals and for each HDW event regardless of age.
- ii Junior Championships medals will be awarded for the overall top three placed competitors for a Junior swimmer, as determined by clause 7(c)i, from the Age Group Finals of each event with Finals and for each HDW event.
- iii Senior and Junior Champions will be formally presented with County trophies where applicable.
- iv Para-Swim/Disability competitors are eligible for Championships Awards provided the time achieved in a Final or an HDW event qualifies that competitor for a Championships award in accordance with clause 8(d)i-ii.

**(e) Performance Awards**

Performance Awards will be made to the top eight placed male/open and female competitors in each of the qualifying age groups as follows: 10 years, 11 years, 12 years, 13 years, and 14 years.

- i Performance Awards will be made according to the overall performance points accrued for heat swims from Events Categories.
- ii Performance Awards Events Categories are:
  - (1) Sprint (Best 50m swim)
  - (2) 100m (Best 100m swim)
  - (3) Form (Best 200m Backstroke or 200m Breaststroke or 200m Butterfly)
  - (4) Distance (Best 200m or 400m or 800m or 1500m Freestyle)
  - (5) Medley (Best 100IM or 200IM or 400IM)
- iii Overall performance points will be calculated from a combination of points accrued from each of the Events Categories. Points are not accumulative; the greatest number of points achieved for one swim in each category will be taken into consideration.
- iv Para-Swim/Disability competitors are eligible for Performance Awards provided overall performance points achieved qualify that competitor for a Performance Award in accordance with clause 8(e)i.

(f) **Team Awards**

A trophy for 'Top Club' calculated from Club Team Points will be awarded at the end of the Competition.

(g) **Presentations**

Presentation of awards will be in accordance with the published timetable and as time permits but may be amended or cancelled on the day of competition.

(h) **Medals Desk**

- i Medals for HDW, Finals and Para-Swim/Disability events may be collected from the Medals Desk once results have been announced. There will be no formal presentation of medals for these events.
- ii Medals must be collected from the Medals Desk during the Competition. The Medals Desk will close 15 minutes after the results of the final event of the Competition have been published. Uncollected awards will not be posted or made available for collection after the Competition.

**9 Club Team Points and Club Medals Table**

- (a) Points will be awarded for all competitors placed first to eighth in their respective age groups in individual HDW events and in Finals as follows: 1<sup>st</sup> place = 8 points descending to 1 point = 8<sup>th</sup> place.
- (b) A competitor with dual registration may only represent one club for the duration of the Competition, which shall be the club named on the entry form.
- (c) A Club Medals Table will be published after the Competition.

**10 Spectator Admission**

- (a) Spectator admission per day to this Competition at Littledown is as follows:
  - i All sessions Adults £5.00 Under-16s £2.50
  - ii One session Adults £3.00 Under-16s £1.50
- (b) Spectator admission per day to this Competition at Dorchester is as follows:
  - i Long Distance Adult £1.50 Under-16s free
- (b) Admission does not guarantee a seat will be available; seats cannot be pre-booked.
- (c) Spectator admission will be in accordance with the venue capacity as specified by the Normal Operating Procedure of the venue and which governs the Dorset County ASA Risk Assessment for the Competition as follows:
  - i Littledown: 170 persons seated and 30 persons standing in the walkway behind the viewing gallery.
  - ii Dorchester: 147 seated and 160 persons standing in the hallway behind the viewing gallery.
  - iii Wheelchairs: Access is limited to the space allotted by the venues management. Prior booking for wheelchairs with the Competitions Manager is required.
- (d) Wristbands will be issued according to the maximum limit for the spectator area(s) for that session and are not transferable. Admission will be refused without the designated wristband for the relevant session(s).
- (e) All spectators may be required to vacate the spectator area(s) between each session in which case spectators' possessions will be removed from the spectator area(s) to prevent seat blocking.
- (f) A programme of events and start sheets will be available to download from the Dorset County ASA website.

**11 Poolside access**

- (a) Swimmers are permitted poolside only if competing in that specific session.
- (b) Poolside passes for coaches, team managers and chaperones will be strictly limited and issued to each club by the Competitions Manager in accordance with the Team Manager, Coach & Chaperone Policy 2023 on receipt and acceptance of entries.
- (c) The relevant competition for purchasing poolside accreditation is “Dorset County Championships 2024”.

**12 Officials & Volunteers**

- (a) Officials are requested to make offers to officiate during this Competition on the Swim-Meet software <https://www.swim-meet.com/OfficialsSignup/DorsetCounty/>; session(s) to be chosen from the programme of events and contact details to be completed. Officials may claim for mileage at the current published county rate if:
  - i volunteering for all sessions scheduled on the day of competition at a licensed event that is part of the Dorset County ASA competition programme; and
  - ii on receipt of a claim form authorised by the Dorset Count ASA Officials Secretary.
  - iii The current published rate for mileage is 45p per mile.
- (b) Volunteers are requested to make offers of assistance to host this Competition on the Swim-Meet software <https://www.swim-meet.com/VolunteersSignup/DorsetCounty/>; session(s) to be chosen from the programme of events and contact details to be completed. Volunteers will automatically receive free car parking at venues where car parking charges are applied for the sessions for which they provide assistance; spectator and car parking charges will apply at all other times.

**Competitor Health Declaration**

To ensure safety procedures and protocols are observed, together with the well-being of all competitors, all associated medical conditions with the potential to affect a competitor during the competition MUST be declared on a Health Information Form together with the management plan for the condition, and be submitted to the Competition Manager, or designated Health & Safety Officer, at least two weeks before the first date of Competition. The Declaration shall be made by the competitor/parent/guardian for the sole use of those persons with responsibility for health and safety during the Competition. The content of the declaration will be held in strict confidence, and only shared when essential to ensure the safety of the competitor during the Competition. The forms of those swimmers who compete in the Dorset County Championships 2024 will be held securely on file until the final Dorset County ASA competition of the 2024 season.



## PROGRAMME OF EVENTS

## SATURDAY 20 JANUARY 2024 at LITLEDOWN

## SESSION 1 HEATS/HDW

## Warm-up: 11.45

Event	101	200m
	102	100m
	103	50m
	104	400m

## Start: 12.50

Freestyle	Male/Open
Butterfly	Female
Backstroke	Male/Open
Individual Medley	Female

## Estimated finish: tbc

HDW	All ages
Heats	All ages
Heats	All ages
HDW	11/over

## SESSION 2 FINALS

## Warm-up: tbc

Event	105	50m
	106	50m
	107	50m
	108	50m
	109	50m
	110	50m
	111	50m
	112	100m
	113	100m
	114	100m
	115	100m
	116	100m
	117	100m
	118	100m

## Start: tbc

Backstroke	Male/Open
Backstroke	Male/Open
Backstroke	Male/Open
Backstroke	Male/Open
Backstroke	Male/Open
Backstroke	Male/Open
Backstroke	Male/Open
Butterfly	Female
Butterfly	Female
Butterfly	Female
Butterfly	Female
Butterfly	Female
Butterfly	Female
Butterfly	Female
Butterfly	Female

## Estimated finish: tbc

Final	10/11 years
Final	12 years
Final	13 years
Final	14 years
Final	15 years
Final	16 years
Final	17/over
Final	10/11 years
Final	12 years
Final	13 years
Final	14 years
Final	15 years
Final	16 years
Final	17/over

## SESSION 3 HEATS/HDW

## Warm-up: tbc

Event	119	100m
	120	50m
	121	50m
	122	200m

## Start: tbc

Individual Medley	Male/Open
Freestyle	Female
Butterfly	Male/Open
Backstroke	Female

## Estimated finish: tbc

Heats	All ages
Heats	All ages
Heats	All ages
HDW	All ages

## SESSION 4 FINALS

## Warm-up: tbc

Event	123	100m
	124	100m
	125	100m
	126	100m
	127	100m
	128	100m
	129	100m
	130	50m
	131	50m
	132	50m
	133	50m
	134	50m
	135	50m
	136	50m
	137	50m
	138	50m
	139	50m
	140	50m
	141	50m
	142	50m
	143	50m

## Start: tbc

Individual Medley	Male/Open
Individual Medley	Male/Open
Individual Medley	Male/Open
Individual Medley	Male/Open
Individual Medley	Male/Open
Individual Medley	Male/Open
Individual Medley	Male/Open
Freestyle	Female
Freestyle	Female
Freestyle	Female
Freestyle	Female
Freestyle	Female
Freestyle	Female
Butterfly	Male/Open
Butterfly	Male/Open
Butterfly	Male/Open
Butterfly	Male/Open
Butterfly	Male/Open
Butterfly	Male/Open

## Estimated finish: tbc

Final	10/11 years
Final	12 years
Final	13 years
Final	14 years
Final	15 years
Final	16 years
Final	17/over
Final	10/11 years
Final	12 years
Final	13 years
Final	14 years
Final	15 years
Final	16 years
Final	17/over
Final	10/11 years
Final	12 years
Final	13 years
Final	14 years
Final	15 years
Final	16 years
Final	17/over

## PROGRAMME OF EVENTS

## SUNDAY 21 JANUARY 2024 at LITLEDOWN

## SESSION 5 HEATS/HDW

## Warm-up: 11.45

## Start: 12.50

## Estimated finish: tbc

Event	201	200m	Freestyle	Female	HDW	All ages
	202	100m	Butterfly	Male/Open	Heats	All ages
	203	50m	Backstroke	Female	Heats	All ages
	204	400m	Individual Medley	Male/Open	HDW	11/over

## SESSION 6 FINALS

## Warm-up: tbc

## Start: tbc

## Estimated finish: tbc

Event	205	50m	Backstroke	Female	Final	10/11 years
	206	50m	Backstroke	Female	Final	12 years
	207	50m	Backstroke	Female	Final	13 years
	208	50m	Backstroke	Female	Final	14 years
	209	50m	Backstroke	Female	Final	15 years
	210	50m	Backstroke	Female	Final	16 years
	211	50m	Backstroke	Female	Final	17/over
	212	100m	Butterfly	Male/Open	Final	10/11 years
	213	100m	Butterfly	Male/Open	Final	12 years
	214	100m	Butterfly	Male/Open	Final	13 years
	215	100m	Butterfly	Male/Open	Final	14 years
	216	100m	Butterfly	Male/Open	Final	15 years
	217	100m	Butterfly	Male/Open	Final	16 years
	218	100m	Butterfly	Male/Open	Final	17/over

## SESSION 7 HEATS/HDW

## Warm-up: tbc

## Start: tbc

## Estimated finish: tbc

Event	219	100m	Individual Medley	Female	Heats	All ages
	220	50m	Freestyle	Male/Open	Heats	All ages
	221	50m	Butterfly	Female	Heats	All ages
	222	200m	Backstroke	Male/Open	HDW	All ages

## SESSION 8 FINALS

## Warm-up: tbc

## Start: tbc

## Estimated finish: tbc

Event	223	100m	Individual Medley	Female	Final	10/11 years
	224	100m	Individual Medley	Female	Final	12 years
	225	100m	Individual Medley	Female	Final	13 years
	226	100m	Individual Medley	Female	Final	14 years
	227	100m	Individual Medley	Female	Final	15 years
	228	100m	Individual Medley	Female	Final	16 years
	229	100m	Individual Medley	Female	Final	17/over
	230	50m	Freestyle	Male/Open	Final	10/11 years
	231	50m	Freestyle	Male/Open	Final	12 years
	232	50m	Freestyle	Male/Open	Final	13 years
	233	50m	Freestyle	Male/Open	Final	14 years
	234	50m	Freestyle	Male/Open	Final	15 years
	235	50m	Freestyle	Male/Open	Final	16 years
	236	50m	Freestyle	Male/Open	Final	17/over
	237	50m	Butterfly	Female	Final	10/11 years
	238	50m	Butterfly	Female	Final	12 years
	239	50m	Butterfly	Female	Final	13 years
	240	50m	Butterfly	Female	Final	14 years
	241	50m	Butterfly	Female	Final	15 years
	242	50m	Butterfly	Female	Final	16 years
	243	50m	Butterfly	Female	Final	17/over

## PROGRAMME OF EVENTS

## SUNDAY 28 JANUARY 2023 at DORCHESTER

## SESSION 9 HDW

Warm-up: 11.30

Start: 12.00

Estimated finish: tbc

Event	301	800m	Freestyle	Mixed	HDW	11/over
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## PROGRAMME OF EVENTS

## SATURDAY 3 FEBRUARY 2023 at LITTLEDOWN

## SESSION 10 HEATS/HDW

Warm-up: 11.45

Start: 12.50

Estimated finish: tbc

Event	401	200m	Individual Medley	Female	HDW	All ages
	402	100m	Backstroke	Male/Open	Heats	All ages
	403	50m	Breaststroke	Female	Heats	All ages
	404	400m	Freestyle	Male/Open	HDW	All ages

## SESSION 11 FINALS

Warm-up: tbc

Start: tbc

Estimated finish: tbc

Event	405	50m	Breaststroke	Female	Final	10/11 years
	406	50m	Breaststroke	Female	Final	12 years
	407	50m	Breaststroke	Female	Final	13 years
	408	50m	Breaststroke	Female	Final	14 years
	409	50m	Breaststroke	Female	Final	15 years
	410	50m	Breaststroke	Female	Final	16 years
	411	50m	Breaststroke	Female	Final	17/over
	412	100m	Backstroke	Male/Open	Final	10/11 years
	413	100m	Backstroke	Male/Open	Final	12 years
	414	100m	Backstroke	Male/Open	Final	13 years
	415	100m	Backstroke	Male/Open	Final	14 years
	416	100m	Backstroke	Male/Open	Final	15 years
	417	100m	Backstroke	Male/Open	Final	16 years
	418	100m	Backstroke	Male/Open	Final	17/over

## SESSION 12 HEATS/HDW

Warm-up: tbc

Start: tbc

Estimated finish: tbc

Event	419	100m	Freestyle	Female	Heats	All ages
	420	100m	Breaststroke	Male/Open	Heats	All ages
	421	200m	Breaststroke	Female	HDW	All ages
	422	200m	Butterfly	Male/Open	HDW	All ages

## PROGRAMME OF EVENTS

## SATURDAY 3 FEBRUARY 2023 at LITLEDOWN

## SESSION 13 FINALS

## Warm up: tbc

Event	Distance	Start: tbc	Gender	Estimated finish: tbc
423	100m	Freestyle	Female	Final 10/11 years
434	100m	Freestyle	Female	Final 12 years
425	100m	Freestyle	Female	Final 13 years
426	100m	Freestyle	Female	Final 14 years
427	100m	Freestyle	Female	Final 15 years
428	100m	Freestyle	Female	Final 16 years
429	100m	Freestyle	Female	Final 17/over
430	100m	Breaststroke	Male/Open	Final 10/11 years
431	100m	Breaststroke	Male/Open	Final 12 years
432	100m	Breaststroke	Male/Open	Final 13 years
433	100m	Breaststroke	Male/Open	Final 14 years
434	100m	Breaststroke	Male/Open	Final 15 years
435	100m	Breaststroke	Male/Open	Final 16 years
436	100m	Breaststroke	Male/Open	Final 17/over

## PROGRAMME OF EVENTS

## SUNDAY 4 FEBRUARY 2023 at LITLEDOWN

## SESSION 14 HEATS/HDW

## Warm up: 11.45

Event	Distance	Start: 12.50	Gender	Estimated finish: tbc
501	200m	Individual Medley	Male/Open	HDW All ages
502	100m	Backstroke	Female	Heats All ages
503	50m	Breaststroke	Male/Open	Heats All ages
504	400m	Freestyle	Female	HDW All ages

## SESSION 15 FINALS

## Warm-up: tbc

Event	Distance	Start: tbc	Gender	Estimated finish: tbc
505	50m	Breaststroke	Male/Open	Final 10/11 years
506	50m	Breaststroke	Male/Open	Final 12 years
507	50m	Breaststroke	Male/Open	Final 13 years
508	50m	Breaststroke	Male/Open	Final 14 years
509	50m	Breaststroke	Male/Open	Final 15 years
510	50m	Breaststroke	Male/Open	Final 16 years
511	50m	Breaststroke	Male/Open	Final 17/over
512	100m	Backstroke	Female	Final 10/11 years
513	100m	Backstroke	Female	Final 12 years
514	100m	Backstroke	Female	Final 13 years
515	100m	Backstroke	Female	Final 14 years
516	100m	Backstroke	Female	Final 15 years
517	100m	Backstroke	Female	Final 16 years
518	100m	Backstroke	Female	Final 17/over

## SESSION 16 HEATS/HDW

## Warm-up: tbc

Event	Distance	Start: tbc	Gender	Estimated finish: tbc
519	100m	Freestyle	Male/Open	Heats All ages
520	100m	Breaststroke	Female	Heats All ages
521	200m	Breaststroke	Male/Open	HDW All ages
522	200m	Butterfly	Female	HDW All ages

**PROGRAMME OF EVENTS****SUNDAY 4 FEBRUARY 2023 at LITLEDOWN****SESSION 17 FINALS****Warm up: tbc**

			<b>Start: tbc</b>			<b>Estimated finish: tbc</b>
Event	523	100m	Freestyle	Male/Open	Final	10/11 years
	524	100m	Freestyle	Male/Open	Final	12 years
	525	100m	Freestyle	Male/Open	Final	13 years
	526	100m	Freestyle	Male/Open	Final	14 years
	527	100m	Freestyle	Male/Open	Final	15 years
	528	100m	Freestyle	Male/Open	Final	16 years
	529	100m	Freestyle	Male/Open	Final	17/over
	530	100m	Breaststroke	Female	Final	10/11 years
	531	100m	Breaststroke	Female	Final	12 years
	532	100m	Breaststroke	Female	Final	13 years
	533	100m	Breaststroke	Female	Final	14 years
	534	100m	Breaststroke	Female	Final	15 years
	535	100m	Breaststroke	Female	Final	16 years
	536	100m	Breaststroke	Female	Final	17/over

**PROGRAMME OF EVENTS****SUNDAY 11 FEBRUARY at DORCHESTER****SESSION 18 HDW****Warm up: 11.30**

			<b>Start: 12.00</b>			<b>Estimated finish: tbc</b>
Event	601	1500m	Freestyle	Mixed	HDW	11/over

**2024 CONSIDERATION TIMES (age as of 31 December)**

MALE/OPEN		10/11	12	13	14	15	16	17/over
<b>FREESTYLE</b>	50m	43.38	37.32	35.52	31.67	30.80	30.31	29.24
	100m	1.34.75	1.20.52	1.16.20	1.08.92	1.07.06	1.05.80	1.03.52
	200m	3.24.75	2.54.96	2.45.72	2.30.54	2.26.34	2.24.01	2.19.20
	400m	6.44.13	6.06.84	5.48.00	5.19.91	5.11.39	5.07.39	4.57.43
	800m	13.22.00*	13.22.00	12.40.50	12.11.38	11.50.00	11.34.13	11.24.50
	1500m	25.10.50	25.10.50	23.59.25	23.05.38	22.26.75	21.55.75	21.39.88
<b>BREASTSTROKE</b>	50m	56.88	48.24	45.12	41.90	40.45	39.84	38.09
	100m	1.59.28	1.43.44	1.36.72	1.31.79	1.29.39	1.27.61	1.23.66
	200m	4.07.38	3.43.20	3.29.76	3.18.75	3.14.06	3.11.38	3.02.45
<b>BUTTERFLY</b>	50m	48.63	41.52	39.12	35.54	34.44	33.80	32.71
	100m	1.50.38	1.38.02	1.32.04	1.22.30	1.19.38	1.17.77	1.14.87
	200m	3.40.63	3.19.44	3.07.68	2.57.31	2.51.71	2.48.35	2.41.68
<b>BACKSTROKE</b>	50m	50.13	43.20	40.56	37.89	36.68	36.08	34.78
	100m	1.48.75	1.31.08	1.25.68	1.21.50	1.18.78	1.17.39	1.14.26
	200m	3.34.75	3.14.64	3.03.72	2.55.98	2.51.08	2.47.58	2.42.20
<b>IND MEDLEY</b>	100m	1.50.38	1.34.92	1.29.40	1.24.84	1.21.96	1.19.44	1.18.24
	200m	3.54.75	3.18.72	3.08.52	2.50.00	2.45.35	2.42.92	2.37.34
	400m	6.59.28*	6.59.28	6.38.28	6.01.58	5.53.93	5.49.24	5.38.88
FEMALE		10/11	12	13	14	15	16	17/over
<b>FREESTYLE</b>	50m	44.13	38.40	37.20	33.65	33.37	33.14	32.60
	100m	1.36.88	1.21.96	1.19.56	1.12.74	1.11.87	1.11.36	1.10.30
	200m	3.26.13	2.56.40	2.50.64	2.37.43	2.35.60	2.34.40	2.31.79
	400m	6.43.88	6.07.20	5.55.92	5.31.42	5.29.04	5.26.80	5.20.63
	800m	13.12.00*	13.12.00	12.41.63	12.38.38	12.16.88	12.11.00	12.09.38
	1500m	25.28.25*	25.28.25	24.29.63	24.17.25	23.49.25	23.30.63	23.27.38
<b>BREASTSTROKE</b>	50m	57.38	48.72	46.92	44.16	43.93	43.46	42.79
	100m	2.05.00	1.44.52	1.40.08	1.36.38	1.35.65	1.35.05	1.33.23
	200m	4.07.13	3.44.16	3.34.56	3.27.00	3.26.44	3.25.75	3.22.38
<b>BUTTERFLY</b>	50m	48.75	42.00	40.56	37.38	37.04	36.70	35.98
	100m	1.50.50	1.38.93	1.35.42	1.26.50	1.25.62	1.24.70	1.23.01
	200m	3.43.13	3.20.16	3.12.24	3.04.68	3.03.60	3.01.91	2.57.53
<b>BACKSTROKE</b>	50m	50.25	43.44	42.00	39.90	39.41	39.18	38.48
	100m	1.49.25	1.31.56	1.28.20	1.25.03	1.24.21	1.23.54	1.21.78
	200m	3.33.75	3.14.88	3.08.64	3.02.70	3.01.75	3.00.20	2.56.38
<b>IND MEDLEY</b>	100m	1.48.75	1.35.64	1.31.92	1.30.24	1.28.80	1.27.48	1.27.24
	200m	3.55.13	3.19.32	3.13.32	2.57.90	2.56.38	2.51.91	2.52.39
	400m	6.59.52*	6.59.52	6.44.64	6.17.12	6.15.07	6.13.56	6.07.04
<b>NOTE:</b>	i	* Competitors who will be 11 years of age on 31 December 2024 only.						
	ii	The hundredth-place value of submitted time will be taken into consideration.						

**Para-Swim/Disability Consideration Standards  
Swim England County/ Open Meet – Male/Open**

	50m Free	100m Free	200m Free	400m Free	50m Back	100m Back	50m Breast	100m Breast	50m Fly	100m Fly	150m IM	200m IM
S1		05:10.91			02:05.43	04:18.54	03:28.13					
S2	01:50.07	03:45.13	07:12.09		01:37.43	03:27.52	01:45.52					
S3	01:18.12	03:07.42	05:46.68		01:17.47		01:23.84				05:05.85	
S4	01:03.89	02:20.98	04:57.06		01:12.37			02:50.34	01:33.92		04:29.89	
S5	00:53.30	02:00.36	04:29.64		00:56.75			02:31.32	00:54.18			05:47.65
S6	00:51.70	01:51.26		08:38.23		02:08.76		02:17.87	00:53.62			04:34.19
S7	00:47.58	01:45.30		07:54.21		01:59.14		02:10.85	00:49.88			04:17.69
S8	00:46.00	01:39.48		07:36.40		01:54.05		01:58.85		01:47.44		04:00.60
S9	00:42.82	01:35.11		07:11.02		01:45.33		01:55.70		01:42.92		03:51.27
S10	00:39.95	01:27.46		06:54.65		01:42.68		02:03.45		01:38.02		03:43.36
S11	00:44.51	01:40.47		07:47.31		01:57.91		01:51.79		01:50.11		04:11.55
S12	00:40.55	01:29.88		07:50.64		01:44.16		01:50.45		01:38.28		03:54.14
S13	00:41.02	01:31.10		06:51.88		01:41.76		01:52.05		01:36.90		03:42.34
S14		01:29.15	03:14.58	07:20.27		01:41.01		02:50.34		01:34.66		03:40.86

**Para-Swim/Disability Consideration Standards  
Swim England County/ Open Meet – Female**

	50m Free	100m Free	200m Free	400m Free	50m Back	100m Back	50m Breast	100m Breast	50m Fly	100m Fly	150m IM	200m IM
S1		00:00.00										
S2	02:05.27	04:45.53			01:59.32	04:19.15	03:04.31					
S3	01:42.20	03:06.37	08:42.66		01:33.69		01:40.35				05:54.09	
S4	01:09.45	02:41.09	06:16.33		01:22.21			03:07.61	01:25.41		04:44.60	
S5	01:05.25	02:18.87	04:43.30		01:13.58			02:56.14	01:17.06			06:07.10
S6	00:56.78	02:06.96		08:51.88		02:00.73		02:42.35	01:01.86			05:01.61
S7	00:56.34	02:01.33		08:50.21		02:17.97		02:38.64	00:58.34			05:08.77
S8	00:52.97	01:54.97		08:20.85		02:19.43		02:22.97		02:15.88		04:45.36
S9	00:49.49	01:47.76		07:54.84		02:13.13		02:11.90		01:56.33		04:24.59
S10	00:47.16	01:43.16		07:42.04		02:00.73		02:26.27		01:55.06		04:09.95
S11	00:50.64	01:53.15		08:42.85		01:57.20		02:13.02				04:41.54
S12	00:46.89	01:42.42		08:19.92		02:10.87		02:07.75		01:52.81		04:15.37
S13	00:46.02	01:41.06		07:48.98		01:57.61		02:09.08		01:52.98		04:11.46
S14		01:43.85	03:40.20	08:36.17		01:53.03		03:07.61		01:53.05		04:13.66