

# PROGRAMME OF EVENTS

**Sunday 15 May 2022**

Session	Event No	M/F	Event	Type
	Warm-up 11.15-11.30		Start 11.40	Estimated finish 12.15
1	1	Mixed	200m Freestyle	HDW

**Break (20 mins)**

	Warm-up 12.35-13.05		Start 13.10	Estimated finish 14.50	
2	2	Male	100m	Breaststroke	HDW
	3	Female	100m	Backstroke	HDW
	4	Male	50m	Freestyle	HDW
	5	Female	50m	Breaststroke	HDW
	6	Male	50m	Backstroke	HDW
	7	Female	50m	Freestyle	HDW
	8	Male	100m	Individual Medley	HDW
	9	Female	100m	Individual Medley	HDW

**Break (30 mins)**

	Warm-up 15.10-15.40		Start 15.45	Estimated finish 17.15	
3	10	Female	100m	Breaststroke	HDW
	11	Male	100m	Backstroke	HDW
	12	Female	50m	Butterfly	HDW
	13	Male	50m	Breaststroke	HDW
	14	Female	50m	Backstroke	HDW
	15	Male	50m	Butterfly	HDW
	16	Female	100m	Freestyle	HDW
	17	Male	100m	Freestyle	HDW

## PRESENTATIONS 17.15-17.30

Fastest Girl of the Day	Fastest Boy of the Day
Most Improved Female Medley Swimmer	Most Improved Male Medley Swimmer
Top Girl 9 Yrs, 10 Yrs, 11 Yrs and 12 Yrs	Top Boy 9 Yrs, 10 Yrs, 11 Yrs and 12 Yrs
& Top Novice Club	

## PARTICIPATING CLUBS

Blandford	Poole	Wareham
Bridport Barracudas	Seagulls	West Dorset
North Dorset Turbos	Swim Bournemouth	Weymouth